

Urology Macmillan Team

Covering: Brighton, Haywards Heath and Lewes

Who we are:

We would like to introduce ourselves and inform you of our role with regards to your care. We are the Urology Macmillan specialist team who are able to help support you with your cancer diagnosis. Our team consists of three nurses, Daniel, Anna and Claire and our Support Worker Paul, so please speak to whoever is available at that time.

If you need support or information:

People can experience a wide range of emotions when the possibility of having cancer is mentioned, and it can be devastating when the diagnosis is confirmed. It can be a frightening and unsettling time for patients, their partners and their relatives. Whatever you are feeling at present, it may help to talk with someone. We are available to talk with you about your feelings, and to answer any questions you may have about your disease or the proposed treatment. If we can't answer all your questions ourselves, we can put you in touch with someone who can.

You can ask about your diagnosis and disease, as well as your treatment plan and what it will involve. We can explain the options and make sure you know about the different kinds of help available to you each step of the way.

If you need a link between different people:

As there will be a number of people involved in your treatment and care, you may find it helpful to use us to 'link them up'. We can explain their different roles and we can also put you in touch with the different services in the community that may be useful to you when you are at home. There are also a number of support organisations that you may like to know about, such as the Macmillan Horizon Centre in Brighton and other specialist groups.

If you need help coping with your symptoms:

At times the disease or treatment may cause symptoms which are difficult to cope with. Part of our role is to assist you in managing these symptoms.

If your family needs support:

Our support is available to you, your partner and your family. The people who love and care for you may need support with their own feelings about your illness, or information on how they can best support you.

Holistic Needs Assessment (HNA):

We have enclosed an HNA which gives you a chance to think about your concerns and discuss possible solutions. It is called holistic because it covers all aspects of your needs.



University Hospitals Sussex

NHS Foundation Trust

The benefits of having an HNA are that it can help you to prioritise your most important concerns, can get information and support with those concerns, and help you to plan ahead from diagnosis through to treatment and life after treatment.

How to contact us:

You can ring on our contact telephone number: **01273 067800**.

If we cannot take your call then please leave a message including your hospital number and date of birth and we aim to call you back within 48 hours.

Alternatively you can email us on uhsussex.urologymacnurses@nhs.net

Working Hours

Monday – Friday – 9am to 4pm

Covid-19 Pandemic

Due to the Covid-19 Pandemic our service has been greatly reduced so we will respond to your message as soon as we can but please be reminded we are not an emergency service so please call 111 or 999 as appropriate.

Best Wishes

The Urology Macmillan Team

The Horizon Centre
2 Bristol Gate
Brighton
BN2 5BD

OTHER USEFUL CONTACTS:

Macmillan Cancer Support

www.macmillan.org.uk
0808 808 00 00

Prostate Cancer UK

www.prostatecanceruk.org
0800 074 8383

Kidney Cancer UK

www.kcuk.org.uk
01223 870008

Orchid Testicular Cancer

www.orchid-cancer.org.uk
0808 802 0010

Fight Bladder Cancer

www.fightbladdercancer.co.uk
01844 351621

Action Bladder Cancer UK

www.actionbladdercanceruk.org
0300 302 0085