

Mid Sussex Prostate Cancer
Support Group

Newsletter

April 2022



Good morning members and guests,

I hope you are all well, and are starting to get used to living with Covid. I have had my fourth vaccination, and urge all of you who are eligible to do the same.

Welcome to our new members Ken, Colin, David and Mark.

At our meeting last month, a question was raised, which may be of interest to you. We discussed the rise in numbers of patients presenting with T3 or T4, more advanced cancers, which is possibly due to delays in getting tested early enough. Thanks to Peter, our past Chair, who sits on the National Prostate Cancer Audit, the following link sheds some information to what has been happening:
<https://www.npca.org.uk/reports/npca-annual-report-2021-infographics/>

Rob and I recently attended Hassocks Farmers' Market to further raise awareness. We spoke to about 40 men, many of whom had had PSA tests, and some who hadn't and were encouraged to do so.



We are glad that members, Andy and David, have offered to organise similar stalls at Henfield and Lewes. The more we all spread the word to get tested, the less men will suffer from advanced cancer.

After the Easter break, we will be organising fortnightly walks again, and we have been invited to attend another guided tour of Grassington Egg Farm and bluebell walk. The farm belongs to our member Peter Barton, and he has very kindly agreed to give us the tour. This event is planned for Thursday 5 May at 10.00. Full details will be sent out nearer the time, but please let Rob know if you will be attending or not. rob@midsussexprostate.uk

As you all know, this year is our 10th anniversary, and we will be having a meeting on 17 June in the afternoon. We have an excellent venue, at Clayton Village Hall, with magnificent views up to Jack and Jill windmills and the South Downs. There is plenty of free parking and a flat entrance to the hall. Hopefully the weather will be glorious and we can sit outside. Afternoon tea, with sandwiches and cake, will be provided and, once again, we will be entertained by Mike with his Eukele.

We are very pleased to tell you that Jenny Stanger, the founding member of our support group, is planning to journey down from the Wirral to join us in our 10th anniversary celebration, so it would be great to have a good number of members attend. Hopefully, if those of you who attended the first meeting in July 2012 could join us, that would be a real bonus for us all, particularly Jenny, who wont know any of our more recent members.

To help us plan the catering arrangements please let Jenny Lea know if you will be attending, or not, at jennyleauk@aol.com.

We send our very best wishes and hope you all have a good Easter with your family and friends.

Brian, Val, Jenny, Rob

Committee

